

HP SUMMER CAMP 2023 SCHEDULE



OLTCH HIGH PERFORMANCE TOURNAMENT CAMP

Under the Direction of Alvaro Regalado & Asim Sengun

This summer program is designed for High Performance tournament players in a fun, yet achievement-orientated environment, with emphasis on a systematic approach to player development. Players will have the opportunity to train on three surfaces of courts: grass, Har-Tru clay and hard courts. We use a head-to-toe approach with great focus on mental enhancement, proper fundamentals for ultimate stroke efficiency and fitness through creative on-court footwork drills. Camp will consist of a limited number of players each week. All sessions will be held on-site at Orange Lawn Tennis Club.

CAMP STRUCTURE

The camp will consist of 3 levels of players:

- Group 1** For players with a UTR over 5
- Group 2** For players with a UTR between 2.5 – 5
- Group 3** For players with a UTR below 2.5 or middle/high school players who are not playing USTA/UTR tournaments (these players must be evaluated before signing up)

TYPICAL HP CAMP SCHEDULE | MONDAY - FRIDAY

9:00 am - 12:00 pm Dynamic warm-up, footwork drills & individualized HP on-court drills

12:00 pm - 1:00 pm Lunch & fun activities

1:00 pm - 3:30 pm Supervised match play, strategic training & cool down

There will also be speed, agility, fitness, and special electives throughout the summer.

OPTIONAL PRIVATE LESSONS AVAILABLE

7:00 am - 9:00 am

3:30 pm - 6:00 pm



MEET OUR NEW HP CAMP DIRECTOR

Alvaro "Alvi" Regalado

Alvi was born in Alicante, Spain in 1999 and began playing tennis at the age of 3. Alvi enrolled at Columbus State University (Columbus, GA) at the age of 18 to pursue his bachelor's and master's degrees and to continue to play tennis at a high level.



KEY STATS

JUNIOR TENNIS

- Champion of the ITF goombay Splash Bowl ITF tournament
- Spanish champion in the National State team competition representing the state of Valencia for the Juan Carlos Ferrero - Equelite Sport Academy (Juan Carlos Ferrero is a former #1 player in the world)
- Ranked #299 ITF



COLLEGE TENNIS

- 11-time All-American
- ITA National Player of the Year
- Ranked as the #1 Singles player in the country
- Ranked as the #1 Doubles player in the country
- Member of CSU's 2x ITA Indoor National Championships
- ITA Singles National Champion
- ITA Doubles National Champion
- ATP 250 Atlanta Open Main Draw in July 2022; lost against a current Top-10 in the world

HP SUMMER CAMP PRICING

Full Day \$700/week + \$60/week for lunch*

Half Day \$500/week

Drop-In Day \$175/day

**Lunch provided for \$60/week (must sign up ahead of time) or bring your own*

CAMP SESSIONS

June 26th - June 30th

July 5th - July 7th

July 10th - July 14th

July 17th - July 21st

July 24th - July 28th

July 31st - August 4th

August 7th - August 11th

August 14th - August 18th

August 21st - August 25th

For players that are out of school from

June 12th - June 26th

Private lessons and small groups will be offered.

Please contact Asim Sengun (asime@orangelawn.com) for more information.

REQUEST TO SIGN UP TODAY!

To confirm your desired camp weeks, payment must be made in full at the time of sign up for all sessions reserved. To register, please fill out the registration request form and email Asim Sengun at

Asime@orangelawn.com

